



Live. Life. Vibrantly.

All-inclusive senior living is within your reach.

New hobbies. No chores. Local adventures. No dishes.
Volunteering with your favorite nonprofit.

However you imagined retirement, it's waiting for you
at Solstice.

Solstice residents enjoy a carefree environment shaped
by our all-inclusive approach, industry-leading dining and
activities programs, and our long list of amenities. Leave
the normal burdens of owning or renting a home behind.

You'll keep your independence, even if you need some
help. We proudly partner with home-duty, personal care
professionals and home-care agencies to offer you a
range of personal care services like medication assistance,
transportation, therapy and more based on your needs.

Say yes ...

you deserve it.



Schedule of Fees

Solstice at Point Defiance
6414 North Park Way | Tacoma, WA 98407
844.902.1772
SolsticeAtPointDefiance.com



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Floor Plans

Solstice at Point Defiance offers several floor plan choices to suit your needs.



Studio
410 SQ FT



One Bedroom
599 SQ FT



One Bedroom
599 SQ FT



Two Bedroom
1,059 SQ FT



Two Bedroom
1,059 SQ FT

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Cottage CA-2
900-1,388 SQ FT



Cottage CB-2
900-1,388 SQ FT



Cottage CD-2
900-1,388 SQ FT



Cottage CG-2
900-1,388 SQ FT



Three Bedroom
1,388 SQ FT

Benefits

The joy of an all-inclusive lifestyle is having life's daily details taken care of for you. Here are some of the things your Solstice experience will include:

Living Spaces

Spacious Apartments – Plenty of room to personalize your home

Kitchenettes – Your place for your favorite treats

Utilities Included – No more surprise bills

Cable TV – You watch, we pay

Housekeeping – We take care of the cleaning, so you can relax

Scheduled Local Transportation – Enjoy group outings or schedule a ride to an appointment

Personalized Home-Care Services – Assistance with activities of daily living provided by 3rd party

Pet-Friendly – Sometimes our best friends have fur

Lively™ Mobile Plus – 5Star Urgent Response Service from GreatCall®

Air Conditioning – Keep cool during the warmer months with your own temperature control

Community Spaces

Beauty Salon – To stay looking your best without having to go far

Fitness Center – Equipped with various machines and a variety of exercise classes for all levels

Media Rooms – Catch a flick with friends

Library – Cozy, intimate setting for reading a good book

Game and Activity Rooms – The whole community is your living room

Landscaped Gardens with Pond and Wooden Footbridges – Enjoy them from your window or on a walk

Private Dining Room – Continue family traditions

Restaurant-Style Dining with Dietitian-Approved Menus – Balanced and nutritious cuisine

Reflections Room – Continue your spiritual and religious well-being

Path to Wellness – Take in the beauty of nature while participating in our walking club, or enjoy it from the comfort of your apartment

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Welcome to Solstice at Point Defiance

Discover the beauty of the Pacific Northwest at Solstice at Point Defiance, nestled in cozy and culture-filled Tacoma, Washington, where our residents enjoy easy access to adventure, entertainment and the beautiful outdoors. Our community is situated on 28 acres of lush land, allowing our residents to enjoy the outdoors and explore nature with our pond, footbridges and paved walking path.

Located just 45 minutes from Seattle, family members and caregivers find comfort in the availability of on-site third-party personal care professionals and our proximity to MultiCare Tacoma General Hospital.

Need some extra care? We partner with personal care professionals and home-care agencies to offer assistance with activities of daily living, like medication reminders, shower assist and more. You can stay in our community even if your care needs change.

If you or a loved one is looking for an independent living community that supports residents in living a vibrant life on their own terms, we'd love to meet you.



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