



INDEPENDENCE PROGRAM

AT SOLSTICE

01. INCREMENTAL SHIFTS

For those who require minimal assistance, we offer **15-minute pop-ins**. Our trained professionals are on hand to provide just the right support, whether it's assistance with medication, quick check-in, or a friendly chat

02. À LA CARTE CARE

Tailor your care by choosing specific services from our à la carte task list, ensuring you receive the precise assistance you need, when you need it.

We made this for individuals seeking an empowering and flexible living solution. We understand the importance of independence, which is why we've crafted a program that provides just the right level of support while preserving your freedom and lifestyle choices.

CONTACT US

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WHAT WE CAN DO

- **MEDICAL REMINDERS**
- **TRASH REMOVAL**
- **MAKE BED**
- **CLEAN/WIPE COUNTERS**
- **CLEAN DISHES**
- **STANDBY ASSIST**
- **COLD MEAL**
- **PET CARE**

WHAT ELSE WOULD BENEFIT YOU?



Elevating the Human Spirit™
Uplifting In-Home Care

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Contact us for a free consultation:
(360) 742-3773
[ComfortKeepers.com](https://www.comfortkeepers.com)

